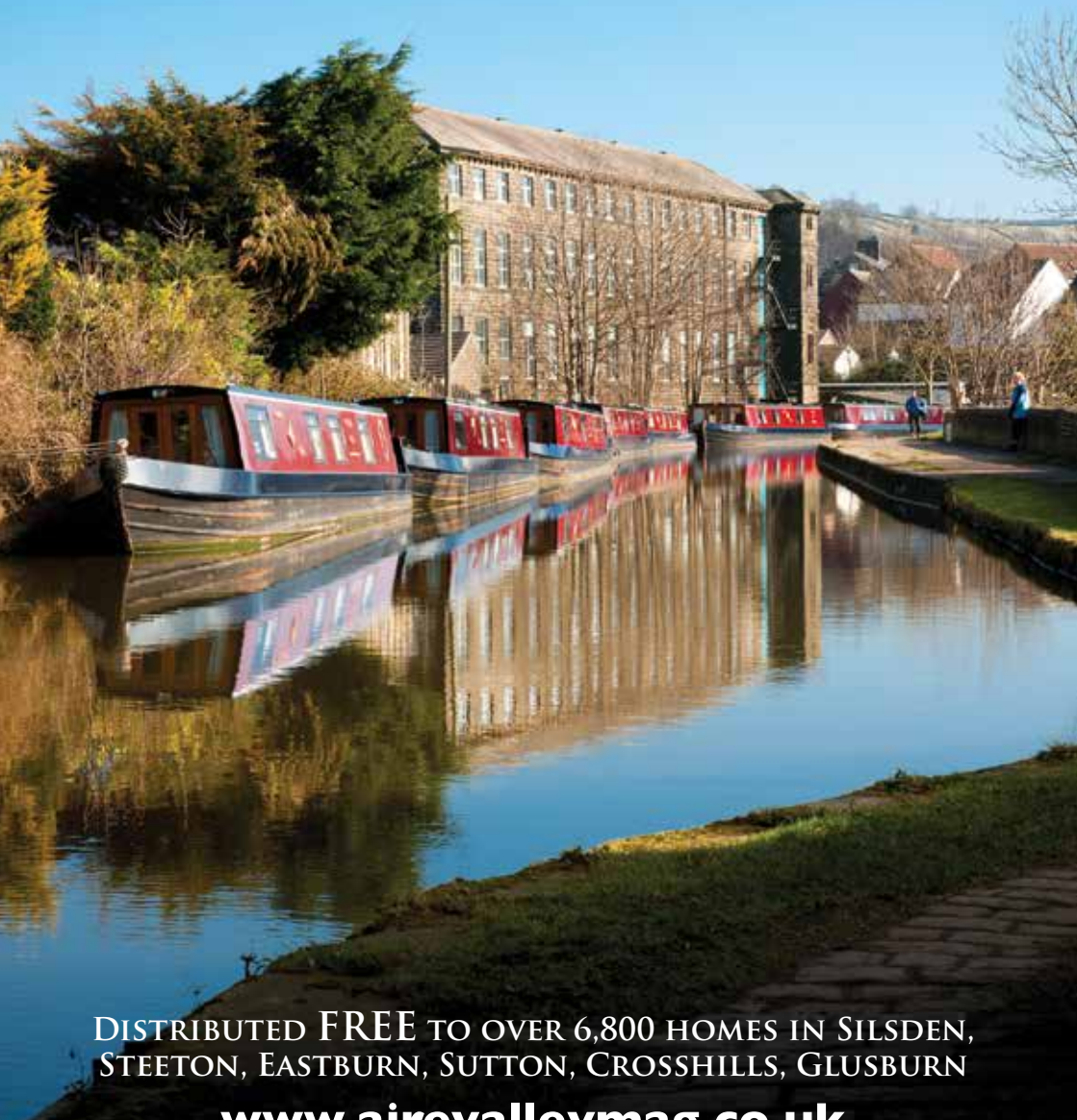


AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

April 2013



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So much for the spring thaw. I write this from my snowbound rural home. The drifts have blocked the roads and it may be a few days before the buses are running up this way again. We are certainly on schedule for a white Easter.

No matter. Be sure to enjoy the wonderful attractions we have in this part of the world. On p15 you will find details about Go LOCAL Sunday; if you live in postcodes BD20, BD21, BD22 its all FREE!

Do you recognise the beautiful view of Silsden on our front cover? People travel for miles to get a peaceful and tranquil break on the canal...and we have it on our doorstep; contact Silsden Boats (p2) and mention Aire Valley Mag.

Exciting times...This month sees the official opening of the Community Hub in Steeton. (See p14) Have a great April!



Liz Barker, editor @LocalGlobalGirl

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Early Spring by Alfred Lord Tennyson

Once more the Heavenly Power
Makes all things new,
And domes the red-plowed hills
With loving blue;
The blackbirds have their wills,
The throistles too.

Opens a door in Heaven;
From skies of glass
A Jacob's ladder falls
On greening grass,
And o'er the mountain-walls
Young angels pass.

Before them fleets the shower,
And burst the buds,
And shine the level lands,
And flash the floods;
The stars are from their hands
Flung through the woods,

The woods with living airs
How softly fanned,
Light airs from where the deep,
All down the sand,
Is breathing in his sleep,
Heard by the land.

O, follow, leaping blood,
The season's lure!
O heart, look down and up,
Serene, secure,
Warm as the crocus cup,
Like snow-drops, pure!

Past, Future glimpse and fade
Through some slight spell,
A gleam from yonder vale,
Some far blue fell;
And sympathies, how frail,
In sound and smell!

Till at thy chuckled note,
Thou twinkling bird,
The fairy fancies range,
And, lightly stirred,
Ring little bells of change
From word to word.

For now the Heavenly Power
Makes all things new,
And thaws the cold, and fills
The flower with dew;
The blackbirds have their wills,
The poets too.

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I see Earth. It is so beautiful!

— Yuri A. Gagarin, first words in space, lifted off, 12 April 1961

YURI'S NIGHT
12th April, STAR Centre, Keighley Campus
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Keighley Campus plans to do its bit to help rock the planet as part of this year's annual celebrations for Yuri's Night.

The STAR Centre located in the Leeds City College campus, Keighley, will be hosting its own gig on April 12th to commemorate the world's first manned space flight on that date in 1961.

Local band Laika Dog, named after the Soviet space dog which became the first animal to orbit the Earth and fronted by former Terrorvision lead singer Tony Wright, will be performing live in the campus atrium.

Terrorvision were originally formed in Keighley in 1987 and were famous for albums such as 'Formaldehyde' and 'How to Make Friends and Influence People' in the nineties.

Every year on Yuri's Night, venues and organisations around the world, including the STAR Centre, hold space-themed celebration events and educational activities to mark the anniversary.

The STAR Centre, a specialist interactive space hub which boasts a mission control, transit pod which simulates space travel, a space laboratory and a mock Mars landscape, took part in the 50th anniversary celebration two years ago. It joined venues around the world in screening the film 'First Orbit' which combined new footage with recordings made by Soviet cosmonaut Yuri Gagarin on his historic flight on 12th April 1961.

"I saw for the first time the earth's shape. I could easily see the shores of continents, islands, great rivers, folds of the terrain, large bodies of water. The horizon is dark blue, smoothly turning to black. . . the feelings which filled me I can express with one word—joy.

— Yuri A. Gagarin, Life magazine, 21 April 1961.

All proceeds from the evening are being donated to the charity mysmallhelp, which raises funds for educational and skills projects in Peru and Nepal. Tickets are available to buy from Keighley Campus, Jam On Top Music Studios and Aire Valley Guitars Ltd as well as online @ www.wegottickets.com/event/209450 <<http://www.wegottickets.com/event/209450>>

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Knitter Knatter



Knitter Knatterers: Helen Tawn, Lyndsey Gill, Anna Thompson, Judith Hales (teacher), Siobhan Beckett, Kirsty Brannan

I run a knitting wool company called Cygnet Yarns Ltd. and when asked, "Do you knit?" I had to reply, "Unfortunately, No!"

A number of people mentioned they were keen to learn and I also felt it was something I wanted to do. Judith Hales who has done design work for Cygnet and is a good friend of mine agreed to take on the role of teacher. And so the Knitter Knatter group was established in January 2011.

Our 1st project was to knit a premature baby hat. It taught us the basics in knit and purl stitches and also shaping. These hats were later donated to Cuddles UK.

Other class projects have included Easter Chicks, Welly Socks, Cabled Cushion cover, Wrist warmers. All the projects set gave us new techniques to learn of the art of knitting. Including cabling, lace, working with circular needles, increasing and decreasing etc. As we have all improved in our skills and at different levels we all choose our own projects: range from iPad knitted cover, hooded

jumper, baby cardigans, chunky pom pom hat, giant snoods, slippers, headbands, lace shawl, baby blankets, bunting (for the Olympics) You name it we try to knit it!



Some of us are now learning to crochet as this is big this season and another great crafty skill to learn. When Cygnet has yarns samples, I can give them to the group to test knit and give their feedback.

A number of the members are local to East Morton which involves the Church and the WI. It's great to see the variety of knitting, styles and ideas across the ages. And have a good natter hearing about everyone's different stories of their life. Social interaction: we have Facebook group, share projects and ideas and also on Ravelry, the social media site for knitters. As some members of the group live abroad it's a great way to stay in touch and share each other's current projects or latest stash. We have one member in



Spain, another in the US. Latest project: We aim to knit varied squares and join together to make a huge blanket which will be entered at Bingley Show in July under the "Adult Community Group Craft Project" category. <http://www.bingleyshow.co.uk/cgi-bin/download.cgi> Cygnet is sponsoring the project and will donate oddments of DK yarn. Knitter Knatter meets Every Thursday night 7-8:30PM at East Morton Memorial Hall. Tea & Cakes included - we take turns to bake homemade goodies Cost £3.50 All Welcome. *Katie Long* katieelong@hotmail.com 07793747222

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Community Deliverers: The Three Sams

These three young men are all in full time education and deliver the magazines to earn extra pocket money.

Here's a little bit about each of them.

Sam J aged 13 yrs delivers to readers in Silsden from the area around Gloucester Avenue



Sam J

to Purcell Drive and beyond.

His favourite subjects at school are History, German and Science. His favourite reader is a man who he sees each time he does his round. This man always takes his cap off to him and says 'hello'. Whoever you are Sir, Sam appreciates your friendly gesture.

Sam P aged 16 yrs covers the Goodley area of Oakworth. He enjoys getting out and delivering but like most people, he has a healthy respect for the larger, louder dogs.



Sam P

Finding himself in a readers garden, with the menacing sound of 'a big one' he ran straight back to the wall and jumped over it, only to realise that the dog was in another garden.

Oops! He's studying for A levels in History, Geology and English Literature.



Sam C

Sam C aged 14 yrs delivers to the Lidget area of Oakworth. He's aiming to study Science at university but for now, he's using the money he earns from distributing to pay for the equipment he needs for his forthcoming travels to India

with the Explorer Scouts. His favourite readers are the ones who thank him when he delivers their mag.

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Only Fools & Horses by Jonathan Sharp, Dairy Farmer

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So why did horse meat end up in our food chain? Well I believe one of the reasons is because in Britain most people have become too removed from food production. I read somewhere recently that the average Brit is six times removed from the farm to the plate, and that is the biggest gap anywhere in the world. If people really understood what went

into producing their food then they would know that six burgers for a quid is just too cheap for it to be made from the finest ingredients. In fact, food in general is too cheap. You might not agree with me but the fact that figures show that a third of food is wasted says it all. What else do you buy that a third of goes to waste?

And that is just the tip of the iceberg. There are so many other factors that go in to food production; there's the soil management, growing of the crops, ensiling the crops and then the feeding of stock to ensure their health and productivity. I could go on and on!

Here are a few interesting statistics from DEFRA (Department for Environment, Food and Rural Affairs)

There are about 31 million sheep, 10 million cattle, 9.6 million poultry and 4.5 million pigs in the UK. These are arranged on almost 327,000 holdings. About 70% of farms are owner-occupied and the remainder are rented to tenant farmers. Farmers represent an ageing population and it is increasingly hard to recruit young people into farming. The average farm holder is now 59 years old. British farming is intensive and highly mechanised, but the country is so heavily populated that it cannot supply its own food. The UK produces only 59% of the food it consumes. In 2010, it exported £14 billion worth of food, feed and drink, and imported £32.5 billion. The vast majority of imports and exports are with other Western European countries.



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Steeton & Eastburn Community

photos by paul@paulbarker.com

Following four years of careful planning and fastidious project management, the Steeton & Eastburn Community Hub is open to the public.

Chairman of S&E Parish Council, David Mullen, spearheaded the project and kept it on track through a period of economic challenges and government budget cuts.

The cost of construction including interior fixtures and fittings has come in on budget at £240,000, with most of that being raised by the parish and via funding bodies like WREN and Yorventure.

The project has had its critics but ultimately the result is a much needed Eco-friendly community space which is available for the public to use.

Both the Parish Council and Police are

using the facility to host their local meetings. Cllr. Mullen confirmed that a number of other community groups have enquired about using the Hub for their meetings too.

The facilities include a large function room that can be divided in two, a smaller meeting room, plus a snack kitchen, storage space, and toilets.

On April 6th, 2013, there will be an opening ceremony where the community will be welcome to view the Hub and see the facilities for themselves. Any community group wishing to use the building should contact the clerk to the Parish Council at: clerk@steeton-with-eastburnparishcouncil.gov.uk or phone 01729 825944.




Travel free to Keighley attractions on Heritage Bus 22 at times shown below in red and travel on KWVR at times shown below in black and alight at Haworth Station for the Bronte Parsonage and Bronte Walks.

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KWVR trains arrive from Keighley	1106	1156	1246	1336	1426	1516	1606
Ingrow Railway Centre	1110	1200	1250	1340	1430	1520	1610
For Rail Travel Museum & Ingrow Loco							
North Street (The Arcade)	1115	1205	1255	1345	1435	1525	1615
For 'Spring Fair' on Church Green							
Wetherspoons 'The Livery Rooms'	1117	1207	1257	1347	1437	1527	1617
For Keighley Police Museum							
East Avenue	1118	1208	1258	1348	1438	1528	1618
For Cliffe Castle Park							
West Lea Ave	1128	1218	1308	1358	1448	1538	1628
For East Riddlesden Hall (National Trust)							
KWVR trains arrive from Haworth	1040	1125	1215	1305	1355	1445	1535
Keighley Station Bridge	1045	1135	1225	1315	1405	1455	1545
For KWVR & Northern Trains							
KWVR trains depart to Haworth	1100	1150	1240	1330	1420	1510	1600
Manover Street	1047	1137	1227	1317	1407	1457	1547
For Bus Station & Airedale Centre							
North Street Coach Stop	1050	1140	1230	1320	1410	1500	1550
For 'Spring Fair' on Church Green							
Ingrow Railway Centre	1055	1145	1235	1325	1415	1505	1555
For Rail Travel Museum & Ingrow Loco							
KWVR trains depart to Haworth	1106	1156	1246	1336	1426	1516	1606

'Go Local'

on Sunday 14th April 2013 & visit:

- Ingrow Loco – Museum of Rail Travel
- Police Museum (NEW)
- East Riddlesden Hall
- Church Green 'Spring Fair'
- Keighley & Worth Valley Railway
- Bronte Parsonage
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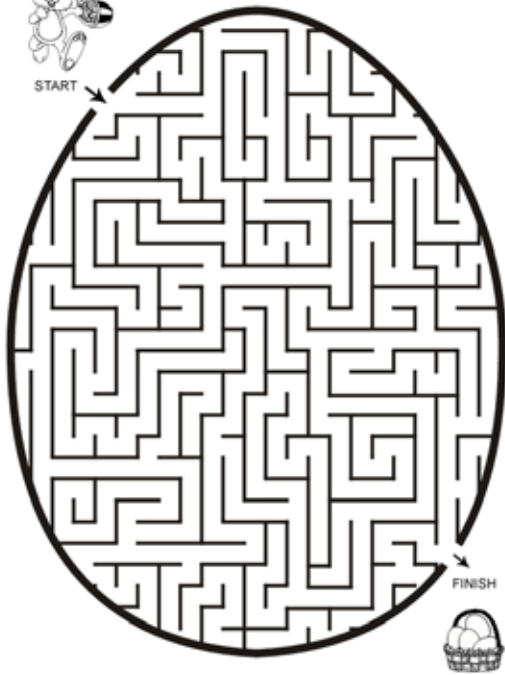
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Ramblings from The Spanner Man



Lawn Mower Maintenance and the Latest Designer Spring Fashion.

We've past the Spring Equinox (12Hrs Light 12Hrs Darkness). By the time you read this we'll be into BST.

Given the recent cold snap, the spring maintenance jobs will most likely be delayed, but here is something for you to be thinking about while the snow melts.

It might be hard to imagine but in a few months you could be admiring your picture perfect groomed lawn. But in order for that to be a reality you will need to wheel out the lawn mower from the shed or garage and take a good look at it. No problem it was working just fine when you left it there last year, right? But think again, old father time has been weaving his cobwebs and rust over your trusty machine. So whats to do?

Let's start with your electric mower. It may sound like an obvious thing to say, but don't plug it in. The cold weather has hardened the flex/cable and the plugs and sockets could have loose wires. So you must examine all the flex visually and work it through your hands to check there are no cracks or bare wires. Refer to the manufacturer's manual regarding the operating use and maintenance of your machine.

Put your leather rigger gloves on and, if you can, turn the mower on its side to clean the old grass off the blade. Make sure the blade can move freely and there is no debris impairing its way. Inspect the blade. It may need to be sharpened. This is something a local company can do for you. (there aren't many people equipped to do this themselves at home.)

Now that all is clean and OK, place the mower upright and set to cut at the highest setting. Finally, plug it in and check that it

is working!

On to the petrol mower.

Again check the maker's manual relating to maintenance and use; visually look over the machine. All should be clean and free from debris, but do not turn it on its side; (petrol and oil will leak out.) The controls must all be free and move correctly, the starter cord must be strong and have no sign of ware. It's good practice to put fresh petrol in, old petrol loses it's power to ignite.

Check there are no fluid leaks from the petrol tank and feed pipes. Set the cut to it's highest setting. Only undertake this work if you have the right skills. If in doubt, ship it out! (i.e. Take your mower to a recognised mower dealer. A good tool hire firm will also do maintenance.)

So all is OK with your mower, but wait! Before you even begin to take on this maintenance regime, your health and safety is paramount, and of course kitting yourself out with the latest safety gear will up your designer kudos in the neighbourhood.

This spring's fashion 'must haves': leather rigger gloves, strong leather shoes preferably with steel toe caps, goggles or eye protectors; I also like to wear bib and brace overalls (dungaree's) You can get them with added knee protection. They are great for gardening and unisex too. All these fashion accessories can be purchased from any good DIY store or a tool hire firm.

Oh, and one final thing: Before you cut the lawn this year... it's a good idea to rake or scarify the lawn first.

That's another job to add to the list this spring!



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The objective is to fill the 9x9 grid with digits so that each column, each row, and each of the nine 3x3 sub-grids that compose the grid contains all of the digits from 1 to 9.

6	7			5				2
		9			3		7	
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		3		6				1

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TOP TECH TIPS by Michelle Thompson of Cloud FreeIT

The growth of Social Networking in the last decade has, I think, been a largely positive development. Keeping in touch, getting up to date news in a heartbeat, sharing our triumphs and tragedies, likes and dislikes, thoughts and opinions with friends, family, 'friends of friends' or even the whole world has never been so simple.

Marketeers love it – so cheap to get started, yet with the power to reach an unlimited audience!

Cast your eye back through the timelines of your 'Facebook Friends' or through the Tweet history of people you follow on Twitter. Now look at your own. Doesn't some of what you see there make you cringe a little (or maybe a lot)?

In the last year or two several celebrities and political figures landed themselves in serious hot water as a result of their activities on social networking sites. The riots in cities across the UK, in the summer of 2011, were apparently fuelled by 'calls to action' posted on Facebook.

If you or I were to go on a potty-mouthed political, racist or anti-religious rant, conduct an argument of a private and very personal nature or boast loudly about a drink/drug problem or unsavoury personal habits in the middle of town, you can bet that ears would twitch and the people attached to them would be forming a negative opinion about us. Worse still, who might they pass this juicy info on to? Most people can control their 'inner voice' in public, yet is amazing how many relatively sensible people 'let rip' online and expect there to be no bad consequences.

Are you aware that many employers now

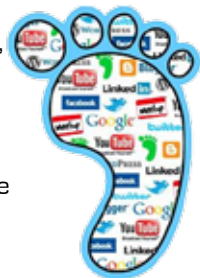
'Google' the names of candidates they are considering for their vacancies? Would you want a potential employer to know what you really got up to last weekend? That should be your business and yours alone, my friend ;-) Twitter activity is catalogued and may appear in search results. It's worth 'Googling'/Binging/'Yahooing' your name and home town or other key details every once in a while just to see what information other people can quickly find out about you online.

Privacy settings are all very well (as long as you review them regularly), but it is best to assume that information which might show you in a bad light could potentially still fall into 'the wrong hands', through link sharing, likes and comments. You have no control at all over what people post about you on their 'wall'. If you have cause to object

you can ask them to delete an inappropriate post or picture of you. If they refuse you can report them, but that could take time to resolve. Better to make it clear in advance that you would prefer people use common sense when posting information about you or sharing pictures of you.

What you wouldn't say or do in public ought not to be posted on Facebook or Twitter, yet when so many adults misuse social networking how can we expect our children to act sensibly?

Whilst this may not be a case of 'Careless Talk costs lives', certainly there are many people in danger of leaving some very ugly 'digital footprints' behind them. Tread carefully though and we can all 'market' ourselves in a good light. Encourage our children to use social networking responsibly, by setting a good example, and we'll leave a positive legacy for future generations.



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Unit 3, Crown Works, Worth Way, Keighley BD21 5LR



A delicious traditional English curd tart with sultanas, lemon, cinnamon and walnuts, but, alas, no dragons, being hard to come by at even the finest farm shop.

Sweet shortcrust pastry

- 175g / 6oz plain flour
- 2 tablespoons (tbsps.) caster sugar
- 110g / 4 oz unsalted butter
- 1 egg yolk mixed with 2 tbsps cold water

Filling

- 3 egg whites, whipped to peaks
- 2 egg yolks
- 2 tbsps honey (runny or set)
- 2 tbsps double cream
- 250g cottage cheese (not low fat)
- Zest and juice of a lemon
- Handful of sultanas (optional)
- Handful of walnuts
- An 8 - 10 inch/ 20 - 25 cm pie dish or flan ring (or two smaller ones; one for you, one for the dragon)

Rub the butter into the flour and sugar until it resembles breadcrumbs (or whizz in a food processor). Mix in the egg and water with a round bladed knife until it comes together into a ball; wrap in clingfilm

and refrigerate for around 20 mins.

Heat the oven to gas mark 5 / 190 / 375

Roll out the pastry to fit the pie dish, prick the bottom and scrunch up some greaseproof paper to cover the base. Fill with baking beans (or dried beans or peas) and bake for 15 mins; remove the beans and paper, and bake for a further 5-10 mins until crisp. Take out of the oven, and increase the temperature to gas mark 7 / 220 / 425

Whip the egg whites to stiff peaks. In a separate bowl mix the egg yolks, cream, lemon juice, cottage cheese and honey (melt set honey a little first if used). Carefully fold the egg yolk mix into the egg whites, using a gentle figure of eight motion and a metal knife or spoon.

Sprinkle the bottom of the pastry case with sultanas and lemon zest, and then spoon over the egg mix. Level out and sprinkle with cinnamon; decorate with walnuts and bake for 15 mins, then turn down the oven to gas mark 4 / 350 / 180 for a further 30 mins.

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Fri 29th Mar - Mon 1st April Easter Egg Hunt Bolton Abbey 10am-4pm

Join us to see if you can find all the hidden Easter eggs through Strid Wood. The Easter Bunny will be outside the Cavendish Shop in its hutch to meet girls and boys and give away free chocolate eggs to all those who take part.

Fri 29th - Mon 1st April - Easter Trails and Springtime Crafts at East Riddlesden Hall Come. 10.30 am - 4pm.

Take part in this eggciting Easter trail... Will you finish it and claim your prize? Join a host of exciting activities! Including a trail round the garden and lots of other eggs-tra fun things to do. Trail sheet: £1.50 per child (includes arts and craft activities)

Thurs April 11th Central Hall, Alice Street, Keighley, from 1pm to 4pm, Keighley Elderly Initiatives Group (KEIG) is hosting an event to bring together representatives from older people's groups in BD20, BD21 and BD 22 postcodes to form Mutual Support Networks. People will be able to discuss the new networks over a cuppa and cake. For more information contact Carolyne Coyle, KEIG Support Worker, at Keighley Healthy Living, on (01535) 677177,

Thurs 11th - Sat 13th April Skipton



Beer Festival at Skipton Town Hall.

Weds 17th April Keighley Campus Open Night 5pm - 7pm. Everything we offer in Keighley, in one place, on one night! Come and find out about full time courses starting Sept 2013 including: Access, Business, Computing Technologies, Construction, Electrical, Engineering, ESOL, Foundation Learning, GCSEs, Hair & Beauty, Health & Caring Services, Sport & Public Services and Travel & Tourism. 01535 685 000 or email keighleycampus@leedscitycollege.ac.uk. W: leedscitycollege.ac.uk

Sat 13th April Spring Fair Keighley Town Centre Market, Morris Dancers, Belly Dancers Climbing Wall, Punch & Judy, Face Painting, Display of Vintage Buses, Small Children's Funfair
Sat 13th April The Ramblers Association - Craven Group Walks Meet 10.00 a.m. Addingham, Big Meadow Drive GR SE 069 498 9.5 miles Moderate Leaders: Keith & Lesley 01274 596846

Fri 19th - Sun 21st April - "Upstairs, Downstairs" Beer Festival at the Kings Arms, Silsden. Contact Francis or Lisa 01535 653 216

Sat 20th April Silsden Arts Craft and Gift Fair - 9.30am - 1pm at Silsden Methodist Church, Kirkgate Silsden.

Mon 22nd April 1.30pm - 3.30pm Wellbeing Café will be held at Keighley Healthy Living, 13 Scott

Street, Keighley with new entertainer Leo Kelly. The café is for people with mild to moderate mental health needs and their carers. This is a social events and gives carers the chance to chat and meet other carers in a relaxed setting. For more information contact Bev Dickinson at Keighley Healthy Living on (01535) 677177, or email admin@khl.org.uk

Sun 28th April 2013 Centenary Of Song - Celebration Concert by Keighley Amateurs at The Picture House, Keighley. 7:30pm

The first centenary event is a concert to celebrate the 100 years of musicals in Keighley. The line-up for this production will include some of the original performers from the shows that we have produced, as well as many of your favourites, faithfully remastered in technicolour and full stereo by our recent talented stars.

Mon 29th April - Sat 4th May The Picture of Dorian Gray 7.30 pm at Keighley Playhouse. Period Drama by Oscar Wilde. For more info and to book call 08451 267859

Sat 4th May Christian Aid Quiz at 6.30pm, St Peters Methodist Church Cross Hills. Teams of 2- 6 persons. Admission £5 per person inc refreshments. Please book your table/ place with Diane 01535 633139. Also a Raffle and all proceeds to Christian Aid. Everyone Welcome.

Sunday by Jo Hodgson

Staring at the swirls

On the anaglypta ceiling

I lie in bed on Sunday and I muse,

That I dont have to worry

With my car keys and to scurry

Sunday morning - I dont have to blow a fuse.

.

Declared a day of rest

By "The One who was the Maker"

Gives me a free licence

To be lazy.

Theres the sun just a rising

On the distant Far horizon

Frost on roofs, Smoke from chimneys, Outlook hazy.

.

So I stare at the swirls

On the anaglypta ceiling

Sunday morning, In the quiet,

I just lurk.

And I dont have to queue

Behind him and him and you

In the traffic, rushing,

On my way to work!



An interview with the Brontë Society's newly appointed Executive Director, Ann Sumner.

How does it feel to be Executive Director of the Brontë Society?

Very exciting and a real honour. I've been a huge Brontë fan since childhood, and regularly visited the Parsonage over the years, bringing my daughters here. I'm getting used to the drive over the moors from my home in Ilkley now, and a warm welcome from Haworth traders, Rev Peter Mayo-Smith, Rev Chris Upton and many others has made me feel really at home. I'm delighted to have become Director just as the Parsonage underwent its biggest ever refurbishment, and launched a new website.

What are the key measures for your success this year and in five years' time?

Museums often measure success in visitor numbers, and I'd love more, but really want to understand them too, so I've introduced a survey to find out more about them. We're looking forward to participating in Haworth's 1940s and Victorian Christmas weekends, and hope to celebrate Charlotte and Emily's birthdays with the whole of Haworth this year, through children's writing workshops and Victorian children's games. I hope everyone will dress in costume to help. Charlotte would be 197 this year, and we're working towards celebrating her bicentenary

worldwide in 2016, bringing many more people to Haworth. I hope by then we'll have more space for learning, a seminar/lecture room, larger shop and some kind of catering. Most of all I'd love to see more space for our world-famous collection of artefacts, manuscripts and paintings, exhibitions and great Contemporary Arts Programme. Come back and ask in five years if we've achieved it all!

What are your aspirations and dreams?

Well, I fulfilled a dream coming back to Yorkshire, which I've loved since the 1990s when I worked at Harewood. We live near Ilkley Moor, where I enjoy walking our beautiful beagle Molly. I'm a bit of a workaholic, but spare time goes on my family, and it's good to be living with my husband rather than commuting up and down to Birmingham. I play tennis, and organised a successful exhibition, Court on Canvas: Tennis in Art, in 2011 at the Barber Institute, when I got to meet Ann Jones and play on the first ever grass court, in Edgbaston. I love reading – the Brontës of course, but also Thomas Hardy – and can't wait for the Ilkley Festival. And because both my daughters are in London – one training as a solicitor, one working at one of my all-time favourite shops, Liberty – it's exciting to visit and watch their careers take off.

To advertise call Karen or Liz on 01535 642227



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Newly refurbished for 2013 with an exciting £60,000 decorative scheme, the Brontë Parsonage Museum – once home to Charlotte, Emily and Anne Brontë – has never offered a more powerful experience of the famous authors of 'Jane Eyre' and 'Wuthering Heights'.

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Wild garlic, (*Alium ursinum*) or ransoms, form the basis for this month's recipe. If you go into any woods in the next couple of months you may come across a very strong garlic smell. Usually found in moist, wooded shaded areas, wild garlic is easily identified by its broad, flat, pointed green leaves that grow in abundance on the ground and are up to 50 cm long. You will need scissors to cut the garlic leaves; they are tender when young and it is best to pick before flowering. The whole plant is edible.



Wild Garlic Pesto

50g Wild garlic leaves
25g pine nuts
1 clove garlic peeled and crushed
170-225ml olive oil
40g Parmesan cheese, finely grated
Salt and sugar to taste

Start by picking the leaves over and discarding any coarse stalks, damaged leaves or any stray pieces of grass (you don't need to wash unless you've picked from road side verges). Whizz the wild garlic leaves, pine nuts, garlic and olive oil in a food-processor. Remove to a bowl and mix in the Parmesan. Taste and season. Store in sterilised jars in the fridge. Or freeze in plastic tubs. Clean the top and sides of the jar each time you dip in. Cover with an extra layer of olive oil.

Recipe from *Forgotten Skills of Cooking* by Darina Allen

Cath Bromwich, a Silsden resident, a cookery teacher and forager with a background in health promotion. Her livelihood includes foraging, general and health-related cookery for different conditions such as diabetes and coeliac disease. For more information, or to pass on your stories and recipes, contact Cath via mail@worthvalleymag.co.uk FAO: Cath Bromwich



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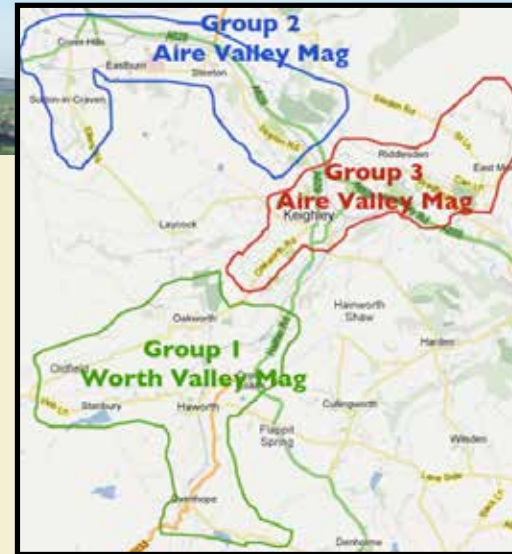
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